

Sundhedsplejersker styrker  
**Integration**



## FAMILY IN A NEW COUNTRY



*The health visitor's visit is a part of the project 'Health visitors reinforce Integration', with the aim of creating better integration for refugee families in Denmark. The project is financed by the Nordea Fund.*

Dear family,

The health visitor is now able to visit you more often. The focus is on your children's health, welfare, and development to give them the best start in life. The health visitor is an expert in children, health promotion and sickness prevention and can, amongst other things, provide guidance on:

Relationships and attachment between parents and children  
Being together, play, learning and language stimulation  
Health food for children  
Child life in Denmark  
Parents' Groups

The aim is that you should settle in well in Denmark and the health visitor can help you to contact others in the municipality, e.g. doctors or day care centres.



So that the health visitor can get to know you as a family with children, you are together going to prepare a mind map. A mind map provides insight into your family's history and hopes and dreams for life in Denmark. The mind map allows you to plan how the health visitor can best guide and support you.



Here, a health visitor and parents are making a mind map

When you have made the Mind map, you will keep it and the health visitor will take a picture so that she can remember what you have talked about.

### Interpreter

The health visitor speaks Danish and needs assistance from an interpreter. We use professional interpreters. The Interpreter's role is to translate neutrally, by only helping linguistically and avoiding affecting the content. Both the interpreter and the health visitor have an obligation of professional secrecy.