



Engelsk

**The Health Visitor Service
in schools**

(Sundhedstjenestens tilbud i skolen)

www.sundhedstjenesten-egedal.dk

The Health Visitor Service at schools

All students in Egedal Municipality are in contact with the health visitor at school, and any needs for extra interventions such as extra examinations or advising will be clarified in cooperation with each pupil/parents/teachers. The health visitor, together with the pupil/parents/teachers, can solve most problems related to development and welfare.

The Health Visitor Service helps to ensure pupils a healthy childhood and creates foundations for a healthy adult life.

What is a health visitor?

A health visitor is a registered nurse with practical experience in pediatric care and an additional 1.5 years of specific training with focus on health promotion and preventive care measures for children, young people, and families.

A health visitor works mostly within the area of a school district, working with infants, small children, and school children. She also works as a consultant in the daycare options in the local area.

The health visitor teams up with other specialists such as nursery and preschool teachers, school teachers, general practitioners (doctors), psychologists, social workers, mobility consultants, speech therapists, etc. Any consultation of one of these groups is always carried out in agreement with the family.

The health visitor is bound by confidentiality, notification and documentation requirements.

Language support classes (*modtagerklasser*)

Pupils who are starting in language support classes will be offered a visit with the health visitor, during which their height, weight, sight, and hearing will be evaluated.

School start examination of children in kindergarten

The class is invited in small groups, where each pupil is screened for motor skills development. The health visitor and the kindergarten teacher perform the screening.

Afterwards, each pupil is invited, along with his or her parents, to a health discussion/functional evaluation. Together with the pupil and the parents, the child's health is evaluated in order to discover any health-related problems, which may impact the child's general welfare and schooling (sight, height, weight, color-blindness and hearing test).

- 1st year:** An individual health discussion/functional evaluation is offered to the pupil together with the parents
- 2nd year:** The class is offered a health-based learning activity of approx. 2 class hours.
- 3rd year:** The pupil is offered an individual health discussion/functional evaluation (sight, height, and weight)
- 4th year:** The class is offered a health-based learning activity of approx. 2 class hours.
- 5th year:** The pupil is offered a health discussion/functional evaluation (height and weight) with 3-4 other pupils from the same class.
- 6th year:** The pupil is offered an individual health discussion/functional evaluation (sight, height, and weight)
- 7th year:** The class is offered a health-based learning activity of approx. 2 class hours.
- 8th year:** The Health Experimentarium: An opportunity for all 8th year classes (2 hours). The Health Experimentarium takes place in the classroom and consists of many different exhibits, where the pupil has the chance to test his or her own health condition with fun exercises.
- 9th year:** The class is offered a health-based learning activity of approx. 2 class hours. The health visitor performs an examination in order to evaluate the young person's general health condition. The goal is to discover health-related problems before the transition to adulthood, which may impact the choice of education and profession (sight, height, weight, hearing and, if relevant, color-blindness).

Children with special needs

Supplementary evaluation and advising is available as needed. The pupil will be selected after an assessment by the health visitor, or by request from the pupil, parents, or teachers.

The Health Visitor Service can be contacted by telephone at 7259 6720.



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